



**Dance Teachers'
Club of Boston, Inc.
and the American Society**



Ballroom Latin & Swing Dance Workshops

Sunday, November 17, 2019

The Lantana
43 Scanlon Drive
Randolph, MA 02368

*The non-member fee is \$20 per workshop or
all ballroom workshops is \$60.00 per person.*



Carol Lanzillo

9:30-10:30 AM

Waltz - The Waltz is a delicate dance that demonstrates poise and grace. This lesson we will focus on navigating a complex set of turns, dips and expressive movements.

10:30-11:30 AM

Cha Cha - It's Energetic & Playful -The Cha Cha, considered the all-time favorite Latin dance and one of my personal favorites to dance and teach. This lesson will be full of playfulness, exciting patterns and technique from the ground up.

Carol Lanzillo – (Arthur Murray Dance Studio - Natick)

Carol Lanzillo is a professionally certified ballroom dance instructor and has been teaching, performing and competing for over 20 years.

She has taught, performed and competed both on a professional and pro-amateur level. She has appeared on stage at the DCU center for the live tour of DWTS and competed in many local events and fundraisers. She brings a wealth of experience to her teaching. Carol dances socially on a regular basis and also competes in West Coast Swing.

Carol in her spare time is a model and actor. She has appeared in various films; most recent she performed a Ballroom Dance Scene for the movie American Hustle, the Golden Globes Award Winner for Best Picture.

Carol is extremely passionate about dancing, teaching others to learn and seeing first hand the impact it has on people's lives and will soon be publishing a book about this.

Alan Gaskell

12:30-1:30 PM

West Coast Swing - We will review basic concepts and connection in this popular swing dance. With focus on the 8 count whip we will present some variations, including ways to extend the 8 counts to acknowledge the phrasing in the music.

1:30-2:30 PM

Salsa - We will present some ways to introduce this popular social dance to a new class, including a review of basics and connection. We'll then introduce a fun intermediate pattern, keeping focus on lead and follow techniques and concepts to reinforce to the student.

Alan Gaskell has been teaching partner dance in the Boston area for over 20 years, where his career began with country western dance in the 90's. He competed on the UCWDC circuit for several years, where he won several Div 1 national championships. He now can be found on the same circuit in Pro-Am competitions, in events competing with students.

Alan's training and teaching includes all forms of partner dance, and currently he teaches classes in the greater Boston area. His classes are known to be enjoyable and knowledgeable, while providing detailed attention to styling as well as both the lead and follow aspects of partnering.